



For Immediate Release:

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ECNL REGIONAL LEAGUE GIRLS - FAR WEST TO LAUNCH NEXT SEASON

RICHMOND, Va. (March 31, 2026) - The ECNL Regional League is proud to announce the launch of the ECNL Regional League Girls - Far West for the 2026-27 season, with six new clubs joining the ECNL Regional League (Capital FC, Eugene Metro, FC Portland, Oregon Premier, Portland City, and United PDX), as well as the move of Eastside Timbers from the ECNL Regional League Girls - Northwest.

The ECNL Regional League - Far West will serve clubs and players throughout the state of Oregon, improve the league competition structure for their clubs, and continue to enhance the depth and quality of the ECNL Regional League around the country.

“The creation of the ECNL Regional League - Far West is a great addition to the ECNL RL, and a step forward for these clubs and their players,” said ECNL Regional League Girls Commissioner Mikayla Hampton. “The league will provide a great level of competition with limited travel, the opportunity to compete in incredible ECNL RL showcases and events, and a fantastic post-season structure. We are excited to work with these club leaders to create a better soccer environment for growth, development, and exposure for their players, in the country’s true proving ground!”

Below is more information about each club joining the ECNL Regional League Girls - Far West.

Capital FC

League: ECNL Regional League Girls

Location: Salem, OR

Founded: 1993

Capital Futbol Club is a community-centered club committed to building people through soccer. With a comprehensive pathway serving players of all levels, Capital FC is focused on long-term development and creating meaningful opportunities for players to reach their full potential.

Capital FC provides nearly 40 percent of their players scholarships and fee assistance across all its programs. As the club continues to expand, they are actively investing in their club-owned 37 acre facility as well as their coach development and programming to better serve athletes and the community.

“We’re excited to be a founding member of the inaugural ECNL Regional League Girls - Far West,” said Capital FC Technical Director Joe Wentworth. “This moment reflects years of collaboration across clubs to build a shared vision—one that creates a clear, unified platform for both our girls and boys to develop, compete, and thrive at the highest levels.”

Eugene Metro

League: ECNL Regional League Girls

Location: Eugene, OR

Founded: 2006

Eugene Metro is a strong community-minded youth soccer club that believes in the values of excellence, respect, work ethic, a desire for learning, and a strong sense of building not only strong players but also better people. The club provides opportunities for all players and aims to develop confident and proactive players who love the game and embody their core values of technical and tactical excellence, leadership and communication, accountability, and development pathways.

“EMFC is excited to continue its collaboration with Oregon clubs and the ECNL to build a strong ECNL Regional League Girls - Far West, in which female players can compete and have access to a nationally recognized platform for competition and development,” said Eugene Metro Executive Director Jurgen Ruckaberle.

FC Portland Academy

League: ECNL Regional League Girls

Location: Hillsboro, OR

Founded: 1987

FC Portland has been a cornerstone of youth soccer in Oregon since 1987, known for player development, competitive success, and community impact. The club has captured two national championships - the USYS U18 Boys National Championship in 1994 and the US Club Soccer U17 Girls National Championship in 2003 - and has developed alumni who have gone on to compete at collegiate and professional levels.

At the heart of FC Portland's approach is a person-first philosophy. The club believes that supporting the individual off the field creates the foundation for growth on the field. By emphasizing character, resilience, accountability, and love for the game, they aim to develop not only exceptional players, but well-rounded young people. FC Portland is committed to providing a high-level, pathway-centered experience for all players, with quality coaching, meaningful competition, and a long-term development focus. The club takes pride in helping players reach

their potential both on and off the field and has a strong tradition of positively impacting youth soccer across Oregon.

“FC Portland is incredibly excited to join the ECNL Regional League Girls - Far West and to return to the ECNL Girls pathway as part of this new chapter for girls soccer in our region,” said FC Portland General Manager Louis Tanguy. “Having been part of the original ECNL Girls Northwest Conference, this moment feels especially meaningful for our club. It is a major step forward for our girls program and one that will have a real impact on the experience we can provide our players and families. This opportunity strengthens the pathway for our girls, aligns our girls side with the boys side who are already competing in ECNL, and creates a more meaningful, competitive, and development-focused environment for our players. We are also proud to stand alongside the other clubs in the conference in helping create a stronger platform for girls soccer in our region and state. We believe this will have a lasting positive impact on the player experience and on the future of our girls program.”

Oregon Premier FC

League: ECNL Regional League Girls

Location: Portland, OR

Founded: 2009

Oregon Premier FC’s core values are rooted in unwavering commitment to developing not only quality soccer players but also exceptional individuals through the beautiful game. Their mission is to foster a holistic approach to player development that instills discipline, resilience, sportsmanship, and a sense of community. Through dedicated coaching, a supportive environment, and a passion for the sport, Oregon Premier FC aspires to mold young athletes into not just skilled soccer players, but also compassionate, confident, and responsible members of society.

Since 2021, the club has had four Oregon Gatorade Players of the Year, as well as 119 players commit to play at the collegiate level.

"Oregon Premier FC is proud to be a founding member club in the new ECNL Regional League Girls - Far West," said Oregon Premier FC ECNL Regional League Girls Director Corri Cairns. "This is an exciting step forward and a significant milestone not only for OPFC, but for the continued growth and visibility of the female game in our region. The level of competition, the standards of the elite performance environment, and the opportunities this platform provides, align perfectly with our club’s mission to develop complete players - both on and off the field. We can’t wait to raise the game, together, for the next generation of female players in the Far West."

Portland City United

League: ECNL Regional League Girls

Location: Portland, OR

Founded: 1983

Since 1983, Portland City United Soccer Club has inspired young athletes to grow through the game of soccer. The club offers U5-19 players of all levels a wide range of teams, academies, camps, leagues, and tournaments opportunities. PCU provides both state and platform league teams, along with clear development pathways for its pre-competitive players. From local rivalries to regional showcases and national stages, PCU players compete at the level that challenges them to grow and succeed. The club's structure also provides flexibility for multi-sport athletes, supporting their overall development. As a community-based nonprofit, the club's commitment to mentorship opportunities, need-based financial aid, and field development initiatives reflects its mission to make soccer accessible to all. Through these efforts, PCU strengthens the game while fostering meaningful community connection and expanding opportunities for youth and families across Portland.

"We're excited to join the ECNL Regional League with both our boys and girls teams as it aligns with our commitment to player development, meaningful competition, and long-term growth," said Portland City United Director of Coaching Ashton Betts. "This platform provides our players with the opportunity to compete at a higher level while staying connected to our club values and community. It's an important step forward as we continue to create the best possible environment for our players and families to thrive."

United PDX

League: ECNL Regional League Girls

Location: Portland, OR

Founded: 2018

United PDX is committed to providing every player with an opportunity to succeed in their soccer pursuits. The club strives to create an environment that fits every player's long-term development needs, while developing players with a lifelong love, understanding, passion, and appreciation for the game of soccer.

United PDX's staff come from a variety of playing and coaching backgrounds and are able to identify the specific needs of each individual player to create training environments that are challenging, rewarding, and most importantly, inspiring. Currently, United PDX has 150 alumni who are playing at the collegiate level.

"The addition of the ECNL Regional League Girls - Far West further strengthens our ECNL alignment and fuels what's ahead," said COO Brandon McNeil. "We're excited to lead the charge with aspirational clubs—raising the game and redefining what's possible for the future of the game in our collective community."

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About the ECNL:

The ECNL is the nation's leading youth soccer development platform for America's top soccer players. The ECNL mission to provide the best youth sports experience in the world drives constant innovations in competitions and experiences for players, parents, families, coaches, referees, and partners. The ECNL has questioned convention and challenged the status quo of youth sport since 2009, pushing boundaries and striving for unmatched excellence. Together with its clubs and club leaders, the ECNL creates unforgettable memories and supports the development of youth players into college stars, professionals, world champions, and leaders.

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