

## United PDX Parent Code of Conduct

As parent (or legal guardian) I understand, acknowledge, and agree to abide by and comply with the following parent code of conduct:

- I will be supportive and use positive encouragement toward my child, their teammates, and coaches.
- I will reinforce the mastery approach to player development by encouraging my child to:
  - Put in a high level of effort to get better,
  - Cultivate a coachable attitude to continue to learn and improve
  - Use mistakes to learn and quickly rebound from them
- I will respect rules (laws of the game) by familiarizing myself with them and other league or tournament policies; and I will NOT engage in any unsportsmanlike behavior.
- I will respect opponents by recognizing their role in my child's development. I will never taunt, disparage, or belittle any opposing player, coach, or parent.
- I will respect officials (referees) at all times. I will never engage in dissent directed toward an official during or after a game.
- I will respect the team and coach by:
  - Understanding that mistakes will sometimes be made by teammates and coaches
  - Supporting the team regardless of the result (win, tie, or loss) with a long-term development always as the priority
  - Refraining from making comments about player performances or coaching in public forums: group chats or group settings
  - Refrain from coaching on the sideline to avoid contradicting information to the players.
  - Only discussing my child's role on the team with the coach (never the team manager or any other person affiliated to the team or club) at a time mutually agreed upon by the coach
- 24 Hour Policy
  - If I have an issue with the coach after a game or training session I will wait 24hrs for a "cooling off" period so that there are not unnecessary conversations in parking lots, fields, or in front of the team and players.
- I will respect myself by:
  - Complying with all rules, policies, and procedures of the team and club

- o Meeting my financial commitment to pay on time and in full
  - o Not interfering with the duties and responsibilities of the coach or manager
- I will be respectful by not acting in a manner that is detrimental to the coach, team or club.
- Consequences
  - o Failure to abide by this Code of Conduct will have consequences determined by the coach and/or the club. These consequences suspension from the club and indefinite expulsion from UPDX