United PDX Code of Conduct

United PDX (UPDX) takes the conduct of coaches, players, and parents both on and off the field very seriously. Coaches, players and parents represent the club, and whether positive or negative, their behavior reflects on the club and the team. UPDX has adopted this Code of Conduct to establish guidelines for behavior on and off the field and to inform all involved of the consequences of failing to abide by these guidelines. Adhering to this Code improves the quality of the experience for our membership & staff, referees and opponents that are part of or compete with UPDX recreatinal, YDA, competitive & premier teams. To participate in the our programs, UPDX requires all coaches, players and their parents to sign this document, acknowledging that they have read, understood and agree to follow the Code.

Sportsmanship

- UPDX expects coaches, players, and parents to treat each other, opponents, and referees with respect. This means displaying the highest level of good sportsmanship as possible before, during and after games, practices or other club events.
- Examples of poor sportsmanship include the use of profanity, arguing with or shouting at referees, fighting with other players, or making disrespectful comments to anyone on or off the field, including teammates, opponents, referees, coaches and parents. Coaches, players and parents are expected to display good sportsmanship at all times.

Team Expectations

- Coaches are expected to be dressed, ready, and on the field for training 15-minutes before practice starts and 40-minutes before games.
- Players are expected to be dressed, ready, and on the field for training five minutes before practice starts and 40-minutes before games.
- Both Coaches & Players are expected be dressed in UPDX gear for training & games
- Players are expected to contact their coach at least two days in advance if they are going to miss a practice or a game.
- Teams are expected to compete in all competitions they are registered for (US Club, OYSA, NWC, NL, Tournaments, etc.). If a team cannot field enough players for a game or an event the fee for the forfeit will be split amongst all players from that team.
- Our program depends on community support and UPDX expects all players & staff to behave as good citizens while in the community, at school and traveling with the team. Participating in out-of-town tournaments or games is an excellent opportunity to positively represent your hometown and local community.

Smoking, Drugs and Alcohol

 UPDX players agree that they will not use tobacco products, alcohol, marijuana, or illegal substances at anytime. If it is determined that a player has a problem with any substance abuse, the club will work with the player's coach and parents to come up with an appropriate resolution, which may include continued participation under approved guidelines, temporary suspension, or expulsion for the season. UPDX coaches agree that they will not use tobacco products, alcohol, marijuana or illegal substances at anytime when working directly with their teams or club at club activities. If it is determined that a staff member has a problem with any substance abuse, the club will work with the individual to come up with an appropriate resolution, which may include continued participation under approved guidelines, temporary suspension, or expulsion for the season and /or club.

Consequences

• Failure to abide by this Code of Conduct will have consequences determined by the club directors and/or board of directors. These consequences may include reduced reduction of pay, suspension from the team and indefinite expulsion from the club.